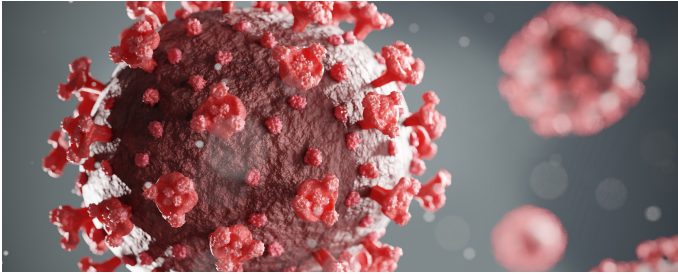


COVID-19 SYMPTOMS, TESTING & PROTOCOL



HEALTH SERVICES PROTOCOL & COMMUNICATION

- In the event of exposure to COVID-19 at school, students will quarantine at home for 14 days from the date of last exposure, watching for symptoms of COVID-19.
 - A PCR COVID-19 test is recommended during quarantine 5-7 days after last exposure.
 - Additional details on quarantine period and types of tests are on the pages to follow.
- Families of students or staff who are close contacts will continue to be informed of exposure the same day that a lab confirmed positive COVID-19 PCR test is received. Speed, accuracy and safety are of utmost priority.
- When the Health Services team receives notification of a potential COVID-19 case, ALL situations are followed up on immediately and include support from the Scott County Infectious Disease Division and Minnesota Department of Health.
- Courtesy COVID-19 communications will be sent to each building on a weekly basis outlining school and district case rates.
- When a student or staff member has COVID-19 symptoms or receives a positive COVID-19 PCR test, the student, parent(s) and/or sibling(s) will stay home for the designated period.

COVID-19 SYMPTOMS

- Reminder that symptoms of COVID-19 can look like many other illnesses. The symptoms for children can look different than symptoms for adults. Many children have no symptoms at all and could infect others.
- More common COVID-19 symptoms: fever of 100.4 degrees Fahrenheit or higher; a new cough, or a cough that gets worse; difficulty or trouble breathing; and new loss of taste or smell.
- Less common COVID-19 symptoms: sore throat; nausea; vomiting; diarrhea; chills; muscle pain; excessive fatigue (being very tired); a new or severe headache; and new nasal congestion or a runny nose.
- If your student has one (1) common symptom or two (2) less common symptoms, they should stay home and follow the attendance line process noted below.

STAFF TESTING

- Staff will be offered COVID-19 PCR testing at school every 2-weeks.

ATTENDANCE LINE REMINDERS

Students should stay home and the parent/guardian should contact their student's attendance line in the following situations:

- When a student has COVID-19 related symptoms.
- When a family member in their immediate household has COVID-19 symptoms and/or is in the process of being tested.
 - If a family member tests positive for COVID-19 (PCR test), the student is considered a close contact and must following guidelines noted on the following page.

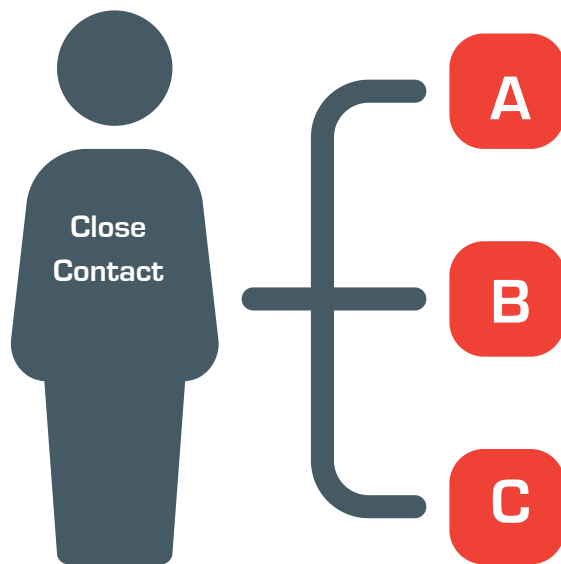
CLOSE CONTACT QUARANTINE GUIDELINES

When a student or staff member is exposed to a lab confirmed case of COVID-19 or tests positive to COVID-19, a series of communications occur to ensure the individual stays home in order to protect themselves and others around them. Below is a simplified breakdown of the guidelines, which includes recent updates to the quarantine period of a close contact. The safest option is always to quarantine for 14 days once the quarantine period has started. Please refer to the next page for clarification on definitions and additional Minnesota Department of Health Resources.

If a staff or student tests positive for COVID-19, they must stay home and isolate for 10 days and may only return to normal activities after that period if they are free from symptoms (if applicable) for at least 24 hours from the isolation end date. Instructions on return to school dates for staff or students with a positive COVID-19 PCR test will be provided by the District COVID School Nurse.

Close Contact Scenarios

to a Lab Confirmed, Positive PCR COVID-19 Test



Person you were exposed to **IS** in your immediate home or dwelling, and may or may not have symptoms. Required 14 day quarantine, no exceptions. Cannot test out or return early, even if you are symptom-free and/or receive a negative PCR COVID-19 test. The 14-day quarantine begins the day symptoms started OR day of exposure to someone with a positive PCR test or symptoms was contagious.

Person you were exposed to **IS NOT** in your immediate home or dwelling and you do **NOT** have symptoms. 14 day quarantine is still recommended, but you may opt for a 10 day quarantine. A negative COVID-19 PCR test is **NOT** required for this opt out. A district quarantine reduction form is required. See additional details below in Scenario B.

Person you were exposed to **IS NOT** in your immediate home or dwelling and you do **NOT** have symptoms. 14 day quarantine is still recommended, but you may opt for a 7 day quarantine if you have a negative COVID-19 PCR test taken at least five full days after you had close contact with the infected individual. You must also be symptom free. A district quarantine reduction form is required. See additional details below in Scenario C.

Scenario B: Additional Details



- You do not have any COVID-19 related symptoms at any time.
- The quarantine adjustment form must be submitted and approved. Forms can be found on the district website or obtained from your school office.

Scenario C: Additional Details



- You must have a negative PCR test, not an antigen test or antibody/blood test, and be symptom free.
- The test must be taken at least five full days after you had close contact with someone with COVID-19.
- Quarantine adjustment form must be submitted and approved. Forms can be found on the district website or obtained from your school office.

Important Definitions & Resources

PCR Testing: Polymerase chain reaction (PCR) is a test that detects genetic material of the SARS-CoV-2 virus that causes COVID-19. It is also called a molecular test. A swab is used to collect fluid from someone's nose or throat, or someone spits to collect saliva. The test tells if someone is infected right at the time the test. Results can take several days. This test is used to diagnose COVID-19 infection and it is considered quite accurate. This test can be used to determine early release from quarantine in the approved scenario.

Antigen Testing: Antigen tests detect certain proteins in the virus. They are often called rapid tests, though some PCR tests are also rapid tests. A swab is used to collect a fluid sample from the nose or throat. Results can be returned in 15 minutes. This test is used to diagnose whether someone has COVID-19 right now. This test cannot be used to determine early release from quarantine.

Close Contact to COVID-19: Close contact is defined as when a person is within 6 feet of someone with COVID-19 for 15 minutes or longer, at anytime during the 10 days of their diagnosed COVID-19 illness OR within two days from when they developed COVID-19 related symptoms OR the date they received a positive test (i.e. date of test) if they did not experience symptoms.

Close Contact of a Close Contact to COVID-19: Defined as someone that is exposed to a close contact (see above definition) that has NOT tested positive for COVID-19. This person's risk of contracting COVID-19 is no greater than in the general community and therefore they are not required to quarantine. Quarantine would only apply if an individual becomes a direct close contact to a lab confirmed COVID-19 case.

Quarantine: Quarantine is the period of time that a person exposed to a lab confirmed COVID-19 case stays home, monitors their COVID-19 symptoms and checks their temperature twice a day.

Isolation: Isolation is defined as the 10 day period that a person with COVID-19 symptoms, or a person that tests positive for COVID-19, stays home. The person should stay home and use a separate bedroom and bathroom, if possible, wear a mask when around household members and watch for serious symptoms that would indicate the need for emergency care. The 10 day period starts at the onset of symptoms or day of the positive COVID-19 test, whichever is first. Upon the 10th day, if the person still has a fever/symptoms, then they must continue to isolate until fever-free (without fever reducing medication) for a minimum of 24 hours and symptoms have improved.

Contact Tracing: In the case of a positive COVID-19 test, the Minnesota Department of Health is notified and information passed on to Scott County Public Health. Scott County Public Health, in partnership with Shakopee Public Schools, contacts the impacted person to find out who they have come in contact with since the onset of symptoms or 48-hours prior to their positive COVID-19 test. The County also provides additional resources related to isolation procedures. The person's contacts are notified via phone by the County and informed of quarantine guidelines. The impacted person's name will only be released to their contacts with prior verbal consent.

Additional Resources

[Minnesota Department of Health Close Contacts, Tracing and Quarantine Guidance](#)

[COVID-19 Testing Locations in Scott County](#)