

Lunch – free and includes milk
 Single Milk: \$0.60
 Milk cost extra for home lunches
 or second milks



HIGH SCHOOL GF MENU

Shakopee Nutrition Services is located at
 1200 Town Square, Shakopee, 55379
 Hours: 7:00 am – 3:00 pm
 Deb- 496-5140 or Carol 496-5141

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN PATTY Baked Chicken Patty GF GF Bun Crinkle Cut Fries Baked Beans Fruit	TERIYAKI CHICKEN SUB Chicken Strips GF Brown Rice Roasted Broccoli Fruit GF Bread 1 slice	ITALIAN DUNKERS GF Bread 2 slices Marinara Sauce Monterey Jack Cheese Garden Salad Fruit	CHICKEN CARNITA TACOS Carnita Chicken GF Shell Cilantro Rice Corn and Fixings Fruit	MAC AND CHEESE GF Cheese Sauce Little Smokie Dogs GF Pasta Sweet Peas GF Bread - 2 Fruit
CHICKEN TENDERS GF Chicken Tenders GF Bread - 2 Mixed Vegetables Fruit	EMPANADA GF Taco Seasoned Chicken Strips GF Tortilla Chips or Tortilla Green Beans Fruit	PASTA ALFREDO Alfredo Sauce GF Pasta Chicken Strips GF Bread - 2 Fruit, Roasted Broccoli	HAMBURGER ON BUN Beef Patty GF Bun Crinkle Cut Fries Baked Beans Fruit	QUESADILLA 2 corn tortillas Monterey jack cheese Refried Beans Corn Fruit
CHICKEN & WAFFLE SUB Chicken Strips GF GF Cinnamon/Sugar Toast Baby Carrots Fruit	CORN DOG GF Corn Dog Crinkle Cut Fries Baked Beans Fruit	CHICKEN PATTY Baked Chicken Patty GF GF Bun Crinkle Cut Fries Baked Beans Fruit	PORK CHOP SUB GF Chicken Breast Mashed Potatoes GF Bread - 2 Cole Slaw Fruit	PUPUSAS SUB GF Tortilla - 2 Refried Beans and Cheese Spanish Rice Mixed Vegetables Fruit
ORANGE CHICKEN SUB Chicken Strips GF Brown Rice Roasted Broccoli Fruit GF Bread 1 slice	TURKEY BURGER SUB Baked Chicken Patty GF GF Bun Baked Chips GF Sweet Peas Fruit	TACO IN A BAG Taco Meat and Shred Cheese Taco in Bag Chips - GF Corn Fruit	SHREDDED BEEF SANDWICH Shredded Beef GF Bun Crinkle Cut Fries Baked Beans Fruit	WILD MIKE'S BITE SUB 2 Corn Tortilla 4 slices Cheese Marinara Sauce Green Beans Fruit
SPAGHETTI GF Pasta Spaghetti Sauce w/meat Caesar Salad no croutons. GF Bread 2 slice Fruit	HAMBURGER ON BUN Beef Patty GF Bun Crinkle Cut Fries Baked Beans Fruit	POPCORN CHICKEN SUB GF Chicken Tenders Mashed Potatoes GF Bread - 2 Corn Fruit	TURKEY SANDWICH Turkey Sandwich GF Bread Baked Chips GF Baby Carrots Fruit	BEEF NACHOS Corn Chips Beef and Cheese Corn Fruit Fixings