

Meal Prices:
 Elementary: B'fast \$1.40, Lunch \$2.60
 Secondary: B'fast \$1.55, Lunch \$2.75
 Adult: Breakfast \$2.75, Lunch \$4.00

October



Shakopee Nutrition Services is located at
 1200 Town Square, Shakopee, 55379
 Hours: 7:00 am – 3: pm
 Deb- 496-5140 or Carol 496-5141

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. CYCLE DAY 9 Spaghetti (B) Caesar Salad Garlic Bread and Fruit BREAKFAST Cereal or Breakfast Bread HB Egg, Juice, Fruit	2. CYCLE DAY 10 Beef Hot Dog on Bun (B) Fritos and Baby Carrots Baked Beans and Fruit BREAKFAST Cereal or French Toast Sausage (T), Fruit, Juice 	3. CYCLE DAY 1 Turkey Gravy (T) Mashed Potatoes Glazed Carrots and Fruit BREAKFAST Cereal/Yogurt or Breakfast Sandwich, Juice, Fruit	4. CYCLE DAY 2 Pulled Pork Sandwich (P) Ranch Wedge Potatoes Cole Slaw and Fruit BREAKFAST Cereal/Yogurt or Pancake/Sausage Wrap (P), Fruit, Juice	5. CYCLE DAY 3 Quesadilla (NM) Fixings/Refried Beans Corn and Fruit BREAKFAST Cereal or Cinnamon Roll Yogurt, Fruit, Juice
8. CYCLE DAY 4 Pasta Alfredo  Chicken Strips Garlic Breadstick Caesar Salad and Fruit BREAKFAST Cereal or Breakfast Bread, HB Egg, Juice, Fruit	9. CYCLE DAY 5 Sloppy Joe on Bun Baked Chips Assorted Veggies Fruit BREAKFAST Cereal/Yogurt or Turkey Sausage B'fast Slider, Juice, Fruit	10. CYCLE DAY 6 Diggity Dogs Tri Tators Baked Beans Fruit and Dinner Roll BREAKFAST Cereal/Yogurt or Breakfast Pizza (T), Juice, Fruit	11. CD 7 APPLE CRUNCH DAY Grilled Chicken Sandwich Crinkle Cut Fries Sweet Peas Fruit BREAKFAST Cereal or Funnel Cake w/ Fruit HB Egg, Juice 	12. CYCLE DAY 8 Wild Mike's Cheese Bites (NM) Marinara Sauce Mixed Vegetables Fruit and Jonny Pop BREAKFAST Cereal or Omelet, Muffin Juice, Fruit
15. CYCLE DAY 9 Fiestada Pizza Garden Salad Fruit Cookie BREAKFAST Cereal or Breakfast Bread HB Egg, Juice, Fruit	16. CYCLE DAY 10 Chicken Patty on Bun  Gen 7 French Fries Green Beans Fruit BREAKFAST Cereal or French Toast Sausage (T), Juice, Fruit	17. No school Oct. 17-19 CELEBRATE CUSTODIAN APPRECIATION DAY ON OCT 2! Oct. 15- 19 CELEBRATE NATIONAL SCHOOL LUNCH WEEK!	18. SCHOOL JANITOR: The quiet hero of the school. They are always the first to arrive each day, cleans up messes no one dares to touch and befriends everyone that passes by. #schoolheroes 	19. 
22. CYCLE DAY 1 Mini Cheeseburgers Waffle Fries  Sweet Peas Fruit BREAKFAST Cereal or Breakfast Bread HB Egg, Juice, Fruit	23. CYCLE DAY 2 Nachos (B) Fixings Corn and Black Beans Fruit BREAKFAST Cereal/Yogurt or Turkey Sausage B'fast Slider, Juice, Fruit	24. CYCLE DAY 3 Turkey Burger on Bun Curley Fries Baby Carrots Fruit BREAKFAST Cereal/Yogurt or Breakfast Pizza (T), Juice, Fruit	25. CYCLE DAY 4 Teriyaki Chicken Fried Rice and Egg Roll Roasted Broccoli Fruit BREAKFAST Cereal or Funnel Cake w/ Fruit HB Egg, Juice	26. CYCLE DAY 5 Shrimp Poppers w/ String Cheese Cheesy Potatoes Garden Salad Fruit and Dinner Roll BREAKFAST Cereal or Omelet, Muffin Juice, Fruit
29. CYCLE DAY 6 Italian Dunker Bread Spaghetti Sauce (B) Mixed Vegetables Fruit BREAKFAST Cereal or Breakfast Bread HB Egg, Juice, Fruit	30. CYCLE DAY 7 Chicken Fajita w/ fixings Rice Corn Fruit BREAKFAST Cereal or French Toast Sausage (T), Juice, Fruit	31. CYCLE DAY 8 Hamburger on Bun (B) Gen 7 French Fries  Baked Beans Fruit and Cookie BREAKFAST Cereal/Yogurt or Breakfast Sandwich, Juice, Fruit	Nov. 1 CYCLE DAY 9 Country Fried Pork Chop (P) Mashed Potatoes and Country Gravy Cole Slaw Fruit and Biscuit BREAKFAST Cereal/Yogurt or Pancake/Wrap (P) Juice, Fruit	Nov. 2. CYCLE DAY 10 Grilled Cheese (NM) Tomato Soup Fresh Veggies Fruit BREAKFAST Cereal or Cinnamon Roll Yogurt, Juice, Fruit

P=Pork, N=Nuts, B=Beef, T=Turkey

ELEMENATRY MENU

ALL MEALS INCLUDE MILK

MENU SUBJECT TO CHANGE DAILY